

Dinner

pastas

with soup or mosaic garden salad, +3.29

Creamy Roasted Tomato Cavatappi

roasted-tomato cream sauce, garlic, white wine, olive oil, fresh basil & parmesan tossed with cavatappi pasta, 9.99

V Curry Walnut Cavatappi

toasted walnuts, cavatappi pasta, cranberries, parmesan cheese, sweet yellow curry cream sauce & spinach, 10.99

M Mosaic Signature Penné

smoked gouda cream sauce, olive oil, garlic, sun dried tomatoes & spinach, tossed with penne pasta, topped with parmesan & bacon, 11.99

with grilled shrimp, portobellos, +3.99; grilled chicken, +2.99

mains

with soup or mosaic garden salad, +3.29

Spicy Spaghetti & Arugula

zesty red sauce, red pepper flakes, shrimp & parmesan cheese, topped with fresh baby arugula, 15.99

Chicken Milanese

parmesan crusted, pan fried breast with basil-mustard, served over arugula with lemon vinaigrette, 13.99

M Mosaic Shrimp & Grits

yellow stone-ground grits, large shrimp, smoked gouda-chicken andouille cream sauce, peppers, onions, scallions, cheddar cheese, green onions, 16.99

Crispy Salmon

russet-crusted, pan-fried, served with basil mustard & stone-ground grits, 16.99

Bistro Beef Medallions

seared medium-rare with smoked gouda cream sauce & grilled potatoes, 17.99

Sear-Roasted Salmon

pan-seared and oven-roasted with lemon-ginger butter & fresh seasonal vegetables, 15.99

Tuscan Chicken

chicken cutlets, lightly breaded & pan fried with artichoke hearts, spinach & garlic in a lemon-caper pan sauce, with seasonal vegetables, 14.99

Flounder Parmesan

parmesan-panko herbed crust, broiled, with spinach cream and stone ground grits, 14.99

M Seafood Mac & Cheese

shrimp, crab & cavatappi elbow pasta baked in a light smoked gouda cream sauce, bacon parmesan crust, seasonal vegetables, 17.99

Chicken Mac & Cheese

cavatappi pasta elbows, smoked gouda cream sauce, grilled chicken breast, bacon parmesan crust, seasonal vegetables, 14.99

Shrimp Florentine & Tomato Grits

sauteed wild-caught shrimp, garlic, onions, artichoke hearts, baby spinach & sun-dried tomatoes over zesty tomato grits, topped with feta, 16.99

M Boneless Braised Beef Short Rib

certified humanely raised, all-natural, antibiotic-free, 10 oz. steakhouse cut with thai chili glaze, sauteed spinach, grilled potatoes, 21.99

mosaic salads

Italian Chopped Chicken Salad

mixed greens & arugula with sun dried tomatoes, roasted red & yellow peppers, pepperoncinis, olives, onions, artichoke hearts, gorgonzola, parmesan, croutons, almonds & grilled chicken in a lemon vinaigrette, 11.99

V Mosaic Super-Fit Chopped Salad

fresh edamame, hard-boiled egg*, toasted walnuts, cucumbers, tomatoes, cranberries, carrots, feta cheese, kale & spinach, lemon vinaigrette, 10.99

M Oriental Chicken

chicken breast salad (sesame seeds, snow peas, scallions & walnuts), carrots, crunchy noodles, grape tomatoes, mixed greens, sesame-ginger vinaigrette, 10.99

Chicken Santa Barbara Chopped

grilled chicken, cranberries, toasted almonds, cucumbers, tomatoes, shredded carrots, bell peppers, cheddar, mixed greens, spinach, raspberry-ranch dressing, 10.99

Lamb & Feta Spinach

roasted leg of lamb, cranberries, feta, tomatoes, baby spinach, balsamic-dijon vinaigrette, 11.99

Shrimp-Topped Aegean Chopped

grilled shrimp, fresh basil, feta, cucumbers, grape tomatoes, bell peppers, olives, onions, pepperoncinis, mixed greens, greek vinaigrette, 10.99

Thai Sesame Tuna

sesame-crusted, seared rare tuna, shredded carrots, toasted almonds, crunchy noodles, cranberries, mixed greens, thai chili vinaigrette, 12.99

M Chicken-Bacon-Gorgonzola Chopped

grilled chicken, carrots, onions, bacon, tomatoes, hard-boiled eggs*, walnuts, gorgonzola, parmesan, mixed greens, spinach, balsamic-blue cheese dressing, 11.99

dressings **M** balsamic-dijon vinaigrette, greek, lemon vinaigrette, balsamic-blue cheese, yogurt-ranch, sesame-ginger vinaigrette, housemade blue cheese, thai chili vinaigrette, raspberry-ranch, cider vinaigrette

small plates

Sienna Pita Pizza

olive oil, gorgonzola, parmesan, walnuts, sun dried tomatoes, & purple onions, baked then topped with lemon vinaigrette-tossed baby arugula, 7.99; with grilled chicken, +2.99

M **V** Edamame Hummus

garnished with feta, cucumber yogurt sauce & red onion, with zucchini rounds & warm pita bread, 6.99

V Life Cakes (3)

spicy, mini black bean burgers with cucumber-yogurt sauce, feta cheese & candied jalapenos, 5.99

Mini Crab Cakes (3)

pan-seared, served with chipotle tartar sauce, 7.99

Duck Confit Quesadilla

tender braised duck leg, balsamic onions, candied jalapenos, cranberry slaw & pepper jack on flour tortilla, served with cucumber-yogurt on side, 9.99

Mini Gorgonzola & Walnut Salad

mixed greens, sun-dried tomatoes, gorgonzola cheese, croutons, toasted walnuts, balsamic vinaigrette, 4.99

M Smoked Gouda Dip (warm)

with parmesan bacon crust & pita chips, 5.99

Mosaic Soups

tomato-basil, white bean turkey chili, or **soup of the day** 3.99 cup, 5.99 bowl

fit 450

low in fat, high in protein!

less than
450 calories!

M MMC Salmon

squash, zucchini, sun-dried tomatoes, artichoke hearts, olives, bell peppers, onions, spinach, grilled salmon (*wild-caught, sustainable*) & greek vinaigrette, 9.99

Fit Shrimp

seared shrimp, onions, grape tomatoes, squash, carrots, spinach & thai chili vinaigrette, 9.99

Fit Chicken

ginger chicken, toasted sesame seeds, zucchini, roasted red peppers, garlic, onions, carrots, snow peas, walnuts & spinach, 8.99

M Fit Cobb Salad

chopped romaine in light, lemon vinaigrette topped with bacon, chopped tomatoes, grilled chicken, hard-boiled egg* & gorgonzola cheese, 9.99

V Fit Life Burgers

spicy, mini black bean burgers, grilled and served over spinach, garnished with edamame hummus, cucumber-yogurt sauce, feta cheese, grape tomatoes & roasted peppers, 8.99

mosaic sandwiches

served with choice of sauteed seasonal vegetable, stone ground grits, grilled potatoes, potato salad, cranberry cole slaw, chips or side garden salad

Salmon BLT Pita

grilled salmon, bacon, mixed greens, tomato, chipotle tartar sauce, 9.99

Warm Turkey, Brie & Pear Sandwich

grilled pears, turkey, soft brie, cranberries, basil mustard, toasted wheat baguette, 9.99

M Charleston Chicken Roller

grilled chicken, bacon, smoked gouda pimento cheese, spinach, tomatoes, basil mustard, 9.99

M Roasted Lamb Pita

oven-roasted leg of lamb, mixed greens, tomatoes, cucumber-yogurt sauce, 10.99 with feta, +.99

Shem Creek Pita

grilled shrimp, smoked gouda pimento cheese, bacon, spinach, tomatoes, cucumber-yogurt sauce, 9.99

Crab Cake Pita

pan-seared lump crab cakes, mixed greens, tomatoes, chipotle tartar sauce, 9.99

M Atlantis Shrimp Roller

grilled shrimp, fresh mozzarella, spinach, tomatoes, artichoke hearts, cucumber-yogurt sauce, 9.99

V Hot Portobello Club Pita

grilled portobellos, spinach, smoked gouda, artichoke hearts, basil mustard, 8.99

V Fit Black Bean Roller

grilled spicy black bean cakes, edamame hummus, cucumbers, feta, roasted red peppers, onions, fresh spinach, 9.99

burgers

seasoned & grilled, with mixed greens, tomatoes & onions on a toasted ciabatta roll, with choice of side

Mosaic Flounder lightly breaded, pan fried, 8 oz. filet, cranberry cole slaw, chipotle tartar, 10.99

1/2 lb. Angus *, basil mustard, 9.49; with cheese, +.99

Smoked Gouda Pimento Angus *, basil mustard, 10.49

Bacon-Blue Angus *, gorgonzola, bacon, 11.49

V Spicy Black Bean feta, candied jalapenos, cucumber-yogurt sauce, 8.49

kids

under 12 only, please, 4.99; sub fruit for chips, +.99

Quesadilla with cheddar cheese & chips

Grilled Chicken with honey mustard & chips

Grilled Cheese on wheat with cheddar & chips

Butter Pasta penne with butter & parmesan

blue boxes showcase our monthly features!

M = mosaic favorite! **V** = vegetarian

While nuts may not be a key ingredient in every item, all are produced in the same area where products containing various nut items are created. Though best practices are used, inadvertent cross-contamination may occur.

18% gratuity may be added to groups of 6 or more.

*consuming raw or undercooked meats or eggs may increase your risk of foodborne illness. 10/11

