

pastas

with soup or garden salad, +3.25

M mosaic signature penne

smoked gouda cream sauce, olive oil, garlic, sun dried tomatoes, spinach, parmesan cheese & bacon, 10.95

creamy roasted tomato cavatappi

roasted tomato cream sauce, garlic, white wine, olive oil, fresh basil & parmesan cheese, 9.95

gorgonzola-alfredo penne

alfredo blue cheese sauce, garlic, sun dried tomatoes, spinach & parmesan cheese, 10.95

V curry walnut cavatappi

toasted walnuts, cavatappi pasta, cranberries, parmesan cheese, sweet yellow curry cream sauce & spinach, 10.95

with grilled shrimp,
portobellos, +3.95, grilled
chicken, +2.95

pasta for two

enjoy a cup of soup or a garden salad each and your choice of any mosaic pasta prepared as two lunch sized portions, 19.95⁺

+ dine in only. add-ons, drinks, tax and gratuity additional. not valid with any other offers.

fit 450

low in fat, high in protein!

less than
450 calories!

M mmc salmon

squash, zucchini, sun dried tomatoes, artichoke hearts, olives, bell peppers, onions, spinach, grilled salmon & greek vinaigrette, 9.95

fit shrimp

seared shrimp, onions, grape tomatoes, squash, carrots, roasted broccoli & thai chili vinaigrette, 9.95

fit chicken

ginger chicken, toasted sesame seeds, zucchini, roasted red peppers, garlic, onions, carrots, snow peas, walnuts & spinach, 8.95

V fit veggie curry

onions, garlic, roasted red peppers, squash, zucchini, chickpeas, broccoli, tomatoes, ginger, light coconut milk-yellow curry sauce, 8.95

fit cobb salad

chopped romaine tossed with light, red wine vinaigrette, topped with bacon, tomatoes, grilled chicken, hard boiled eggs & gorgonzola cheese, 9.95

V fit life burgers

spicy, mini black bean burgers, grilled and served over spinach, garnished with cucumber-yogurt sauce, feta cheese, grape tomatoes & roasted peppers, 8.95

mosaic salads

M lamb & feta spinach

roasted leg of lamb, cranberries, feta, tomatoes, & balsamic-dijon vinaigrette over baby spinach, 11.95

shrimp-topped aegean

grilled shrimp, fresh basil, feta, cucumbers, tomatoes, bell peppers, olives, onions, pepperoncinis, pita wedges & greek vinaigrette over mixed greens, 10.95

thai sesame tuna

sesame crusted, seared rare tuna, carrots, almonds, crunchy noodles, cranberries, sprouts & thai chili vinaigrette over mixed greens, 12.95

chicken-bacon-gorgonzola

grilled chicken, carrots, onions, bacon, tomatoes, hard boiled eggs, walnuts, gorgonzola, parmesan & balsamic-blue cheese dressing over mixed greens & spinach, 11.95

bistro beef & toasted walnut

gorgonzola cheese, walnuts, sun dried and grape tomatoes & balsamic-dijon vinaigrette over mixed greens, 11.95

M oriental chicken

chicken breast salad (sesame seeds, snow peas, scallions & walnuts,) carrots, sprouts, crunchy noodles, grape tomatoes, sesame-ginger vinaigrette, 9.95

chicken santa barbara

grilled chicken, cranberries, almonds, cucumbers, tomatoes, carrots, bell peppers, sprouts, cheddar & raspberry-ranch dressing over greens & spinach, 10.95

half salad + soup

any half salad and a cup of soup, 9.95

dressing choices

M balsamic-dijon vinaigrette, greek, red wine vinaigrette (no sugar,) balsamic-blue cheese, garden ranch, sesame-soy ginger vinaigrette, house made blue cheese

kids

under 12 only please. each 4.95. sub fruit side, +.95

quesadilla with cheddar cheese & chips
chicken grilled, with honey mustard & chips

grilled cheese on wheat with cheddar & chips
butter pasta penne with butter & parmesan

lunch

mosaicdibles.com



starters + bar

M **smoked gouda dip** (warm)
with parmesan-bacon crust & pita chips, 5.95

M **chicken satay skewers** (3)
sesame-ginger dipping sauce, 4.95

V **edamame-miso hummus**
garnished with feta, red & yellow peppers & red onion,
with zucchini rounds & pita chips, 6.95

mini crab cakes (3)
pan seared, served with chipotle-tartar sauce, 7.95

V **life cakes** (3)

spicy, mini black bean burgers with cucumber-yogurt
sauce, feta cheese & candied jalapenos, 6.95

shrimp wontons (4)
smoked gouda, shrimp & bacon in a crispy wonton skin,
with wasabi aioli, 5.95

mosaic garden salad
mixed greens, tomatoes, cucumbers, peppers, onions,
sprouts, croutons, carrots, balsamic vinaigrette, 3.25

mosaic soups
golden tomato-basil, white bean turkey chili,
or soup of the month, 3.95/5.95

mosaic sandwiches

rollers served on warm flour tortilla.

M **ultimate gouda grilled cheese**
smoked gouda pimento cheese, bacon, tomatoes,
basil mustard, wheat bread, 7.95

roast beef-gorgonzola sandwich
roast beef grilled with gorgonzola cheese, balsamic onions,
horseradish aioli, toasted kaiser roll, 7.95

turkey & smoked gouda sandwich
roasted turkey, smoked gouda, mixed greens, tomatoes,
cranberry slaw, wheat bread, 6.95

manhattan club sandwich
turkey, medium rare roast beef, bacon, cheddar, mixed
greens, tomatoes, basil mustard, wheat bread, 7.95

M **roasted lamb pita**
oven roasted leg of lamb, mixed greens, tomatoes,
cucumber-yogurt sauce, 7.95; with feta, +.95

chicken club pita
grilled chicken breast, bacon, cheddar, mixed greens,
tomatoes, cucumber-yogurt sauce, 6.95

aegean chicken pita
grilled chicken breast, olives, onions, feta cheese, field
greens, tomatoes, greek vinaigrette dressing, 6.95

shem creek pita
grilled shrimp, smoked gouda pimento cheese, bacon,
spinach, tomatoes, cucumber-yogurt sauce, 7.95

V **hot portobello club pita**
grilled portobellos, spinach, smoked gouda,
artichoke hearts, basil-mustard, 6.95

crab cake pita
pan seared lump crab cake, mixed greens,
tomatoes, chipotle-tartar sauce, 7.95

M **charleston chicken roller**
grilled chicken, bacon, smoked gouda pimento
cheese, spinach, tomatoes, basil mustard, 7.95

M **atlantis shrimp roller**
grilled shrimp, fresh mozzarella, spinach, tomatoes,
sprouts, artichoke hearts, cucumber-yogurt sauce, 7.95

V **tuscan veggie roller**
portobellos, mozzarella, feta, spinach, sun dried tomatoes,
roasted peppers, olives, artichokes, basil pesto, 7.95

california turkey roller
all natural turkey breast, feta, mixed greens, tomatoes,
sprouts, basil mustard, 6.95

half sandwich + soup or salad
any half sandwich and your choice of a
cup of soup or a garden salad, 7.95

burgers

*seasoned & grilled, served with mixed greens,
tomato & onion on a kaiser roll.*

1/2 lb. angus *
basil-mustard, 6.95; with cheese, +.95

smoked gouda angus *
smoked gouda pimento cheese, basil mustard, 7.95

bacon-blue angus *
gorgonzola, bacon, horseradish aioli, 8.95

firecracker salmon
wild caught salmon patty, hand chopped
and pattied, asian spices, wasabi mayo, 7.95

specialty sides

M grilled potatoes	2.00
fresh fruit (seasonal blend)	2.00
M cranberry cole slaw	2.00
red skin potato salad	2.00
garden pasta salad	2.00
pita or wheat bread	1.25
kettle potato chips	1.00

M = mosaic favorite! **V** = vegetarian

18% gratuity may be added to groups of 6 or more. *consuming raw or undercooked meats or eggs may increase your risk of foodborne illness.

lunch

mosaicdibles.com

